

# NATURAL CLEANERS

## FOR THE BATHROOM

### Porcelain Sinks

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#### Ingredients

2 Tbsp. of Hydrogen Peroxide  
About 1/4 Cup Baking Soda  
Sponge

Lightly wet the sides of the sink, then sprinkle on some baking soda. Scrub the sink using a sponge. This works great to remove food stains.

Now add the hydrogen peroxide to your sponge and scrub some more. You may see some of the scratches on the sink surface starting to disappear. It's ok if there are a few remnants of baking soda left in the sink. After you scrub the sink with the hydrogen peroxide, leave it for about 15 minutes and then rinse.

### Toilet Bowl Cleaner

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#### Ingredients

Vinegar  
Baking Soda  
Spray Bottle

Spray some vinegar around the bowl of the toilet, and let it sit for several minutes. Then sprinkle some baking soda into the bowl and work it around the bowl with your toilet brush. The abrasiveness of the baking soda is a great cleaner. Now just flush and you're done!

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# NATURAL CLEANERS

## FOR THE BATHROOM

### Shower Cleaner

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#### Ingredients

White Vinegar  
Liquid Dish Soap

Just use a 50/50 mixture of the vinegar and dish soap in whatever amount you need. Some people like to use the mixture in a soap wand, but a regular spray bottle works fine too. Just spray your mixture around the shower walls, let it work for a few minutes then wipe down with a sponge. Dryer sheets also work great for shower walls.

### Grout Cleaner

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#### Ingredients

Hydrogen Peroxide  
Baking Soda  
Toothbrush  
Small Bowl

Mix the hydrogen peroxide and baking soda to form a paste. Add the hydrogen peroxide slowly until you get a pasty consistency, like toothpaste. Then use your toothbrush to scrub it onto the grout. Try not to get straight hydrogen peroxide on other areas because it'll bleach it really white.

After you've scrubbed the cleaner into your grout, let it sit for about 30 minutes. Then vacuum or sweep the excess and clean the floor as you normally would.

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# NATURAL CLEANERS

## FOR THE KITCHEN

### Oven Glass Door

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#### Ingredients

Baking Soda  
Scour Pad

Believe it or not, baking soda alone can get the baked on grease off your oven door glass. You'll have to put it on pretty thick but it's cheap. All you do is totally cover the inside of the glass. Be generous. Once it's covered, wet a scouring pad and move the baking soda around to form a thick paste. You may need to add a little water if it's not forming into a paste.

Once you've scrubbed the paste around the glass, let it sit for about an hour. Now continue to scrub and you should see it becoming clean. If there are still stubborn spots, repeat the process and let it sit overnight this time

### Polishing Silverware

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#### Ingredients

Aluminum pan (it needs to be aluminum.)  
Baking Soda  
Boiling Water

Start by laying the silverware in a single layer in your pan. Then sprinkle about 1 cup of baking soda over the silverware. Don't scrimp on it, you need to cover the silverware. Now pour enough boiling water into the pan to cover the silverware. Wait about 15 minutes for the water to cool, then wipe the silverware with a clean cloth and the tarnish should come right off!

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# NATURAL CLEANERS

## FOR THE LAUNDRY ROOM

### Homemade Stain Remover for Clothing

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#### Ingredients

2/3 cup liquid dish detergent  
2/3 cup ammonia  
2 cups warm water  
6 Tbsp baking soda

Stain removers come in handy for kid's clothes, sports uniforms, grease stains and everything else that normal washing can't get out. This homemade mixture is cheaper than products like Shout and works just as well. Just combine the ingredients in a spray bottle, shake it up to mix, and spray on. Let it soak in for several minutes and if the stain remains, give it some gentle scrubbing. Then wash normally.

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# NATURAL CLEANERS

## FOR THE LIVING ROOM & FAMILY ROOM

### Carpet & Upholstry Cleaner

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#### Ingredients

Baking Soda  
Essential Oil (any scent you like.)  
Air Tight Container (Tupperware or Mason Jar)

This is a simple formula where the baking soda absorbs odors, and the essential oil will give a pleasant scent. Just mix about 12 drops of the essential oil per half-cup of baking soda. Store it in your air-tight container, and to use it just sprinkle on your carpet or furniture, leave it for about 15 minutes and then vacuum up.

### Glass Cleaner

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#### Ingredients

1 Cup Water  
1 Cup Rubbing Alcohol  
1 Tbsp Vinegar

Just add each ingredient to a spray bottle, shake it to mix and it's ready.

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# NATURAL CLEANERS

## FOR THE LIVING ROOM OR FAMILY ROOM

### All Purpose Cleaner

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#### Ingredients

2 cups water  
½ cup white vinegar  
1 tsp dish soap  
1 tsp baking soda

Mix together in a spray bottle, spray the surface and wipe.

### Wood Cleaner

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#### Ingredients

1 cup Linseed oil  
½ cup Lemon Juice  
In a spray bottle.

Just mix the ingredients in a spray bottle, apply to the wood surface and use a soft cloth to clean.

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# NATURAL CLEANERS

## FOR ANY AREA

### Disinfectant

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#### Ingredients

1 cup water  
1 cup rubbing alcohol

Just mix in a spray bottle and you're all set.

### Ant Poison

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#### Ingredients

Borax  
Peanut butter

We've seen this work like a charm. Last Spring we suddenly began seeing black ants appear in the kitchen. We mixed about 2 tablespoons of peanut butter with the same amount of Borax and left it on a small piece of wax paper on the floor. The peanut butter attracts them and when they bring it back to the colony the the Borax will kill them. We let them swarm on the peanut butter until it was gone and we haven't seen one single ant since.

# NATURAL CLEANERS

## FOR ANY AREA

### Weed Killer

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#### Ingredients

- 1 Gallon white vinegar
- 1 Cup of Table Salt
- 1 Tbsp liquid dish soap

Mix the ingredients in an empty gallon container and then just spray on weeds. This is a big money saver, as name-brand weed killer sells for almost \$10 per quart. And there's no worries about pets being in treated areas.

### Homemade Goo Remover

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#### Ingredients

- 1 part baking soda
- 1 part vegetable oil

Just mix the ingredients together, then apply to the area and let sit for 5 or 10 minutes. Rinse with warm water. I've found for extra stubborn goo, a plastic scraper (that won't damage the surface) works well.